# Victim First TURES

# HAVE YOU BEEN AFFECTED BY A CRIME?

If you are under 18, Victim First Futures can help.

### AFTER A CRIME YOU MAY FEEL:

- Confused
- Embarrassed
- Stressed
- Frustrated

- Alone
- Shocked
- Worried
- Scared

IF YOU WOULD LIKE SOMEONE TO TALK TO ABOUT YOUR FEELING OR YOUR EXPERIENCE OF CRIME, VICTIM FIRST FUTURES CAN HELP.

## **CONTACT US**



victimfirst@catch-22.org.uk



0800 953 9595



www.victimfirst.org



# WHEN YOU'RE READY, VICTIM FIRST FUTURES CAN HELP

VICTIM FIRST FUTURES IS A FREE AND CONFIDENTIAL SERVICE SUPPORTING YOUNG VICTIMS AND WITNESSES OF CRIME IN LEICESTER. LEICESTERSHIRE. AND RUTLAND.

### **OUR CASEWORKERS CAN:**

- Listen to you and be a safe person to talk to
- Help you to understand what has happened and how you can start to feel better
- Explain your rights and the law
- Help you to speak to the police or your parents if you want to
- Give you tips on how to keep yourself safe
- Give you the opportunity to communicate with the person that has harmed you and let them know the impact it has caused

