

Date:

Worker Name:

Stage (please tick one): **Start** **Review** **End**

Next Review Date:

How you feel

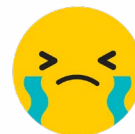
How have you been feeling since what happened? (or how do you feel today?)

Look at these pictures of feelings (show them feelings flashcards). Can you pick the one that shows how you feel?



Prompt: How did you feel before?


Do you have more happy days or sad days right now?



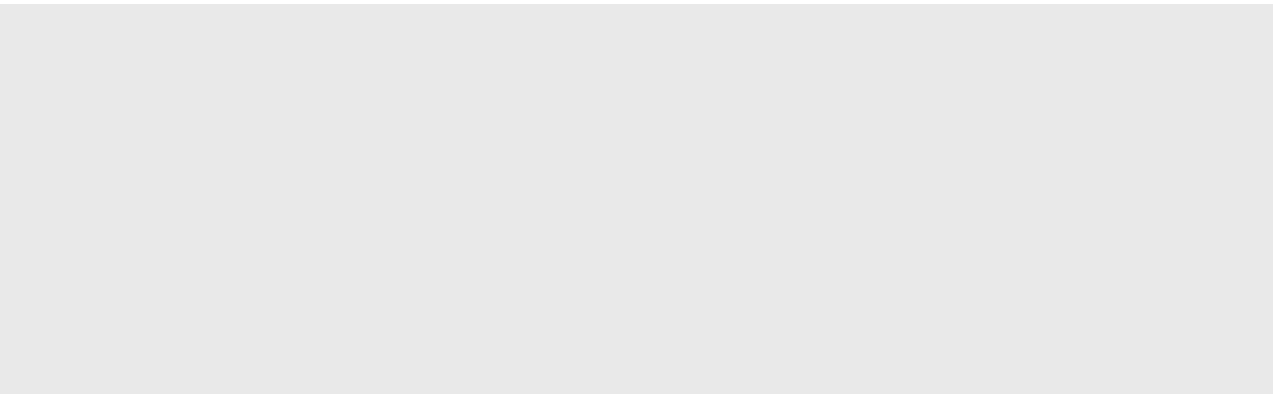
Let's talk about what makes a day happy or sad. If you want, you can draw a picture of a happy day or a sad day.

What do you do for fun? Do you still find those things fun?

What are your favourite things to do? You can tell me or draw me a picture of them!



Practitioner's comments



Safety

Do you feel safe and happy at home?

You can draw me a picture of what makes you feel worried at home.

Prompt: Do you ever feel worried or sad about being at home?

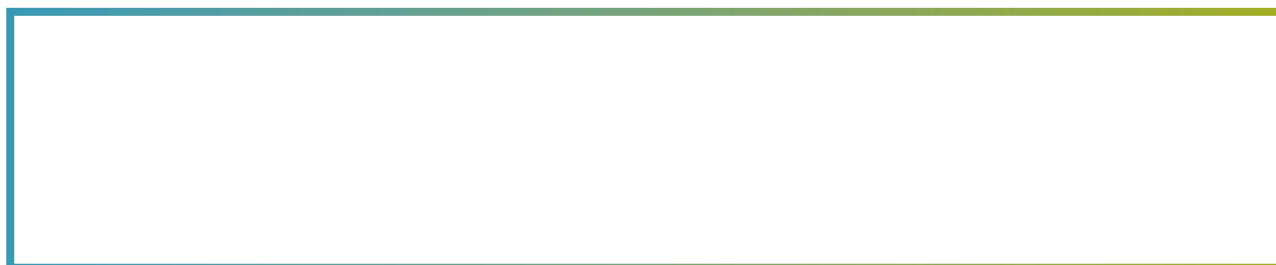


Do you feel safe and happy outside of home?

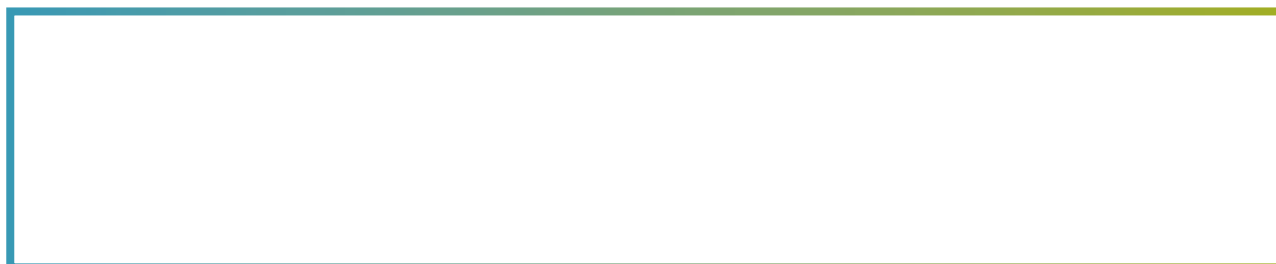
You can draw me a picture of what makes you feel worried outside of home.

Prompt: Do you feel safe with your friends?

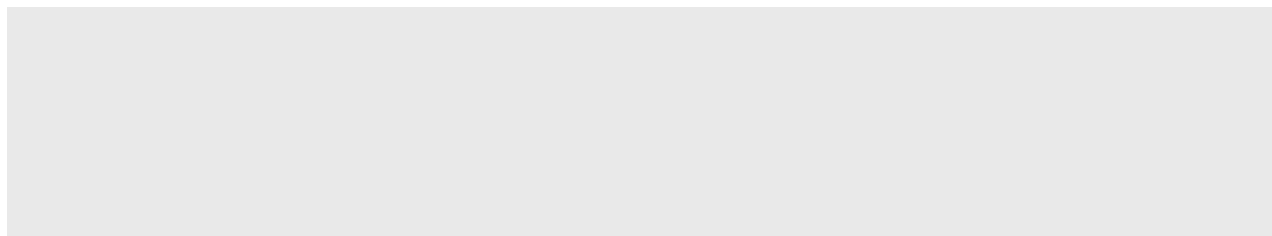
Prompt: Do you feel safe when you are outside?



How can we help you feel safer?



Practitioner's comments



Physical Health

Do you eat all your meals?

Prompt: How many meals do you have a day?

Prompt: What are your favourite foods?

Do you sleep okay?

Prompt: Does anything make it hard for you to sleep?

Prompt: Do you wake up at night?

Prompt: Do you know why you wake up?

Practitioner's comments

Family

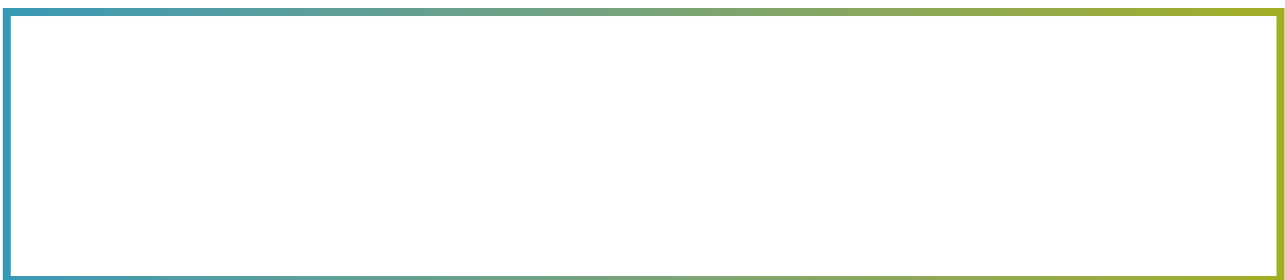
Who is in your family?

Can you draw a picture of your family for me?

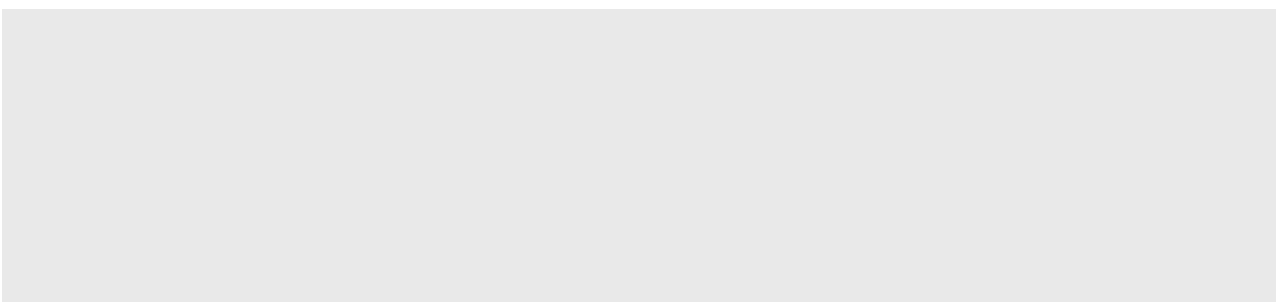


Do you feel happy and loved at home? (please tick one).

Prompt: Tell me who helps you feel happy or safe at home.



Practitioner's comments



Friends and relationships

Do you have friends to play with? (please tick one).

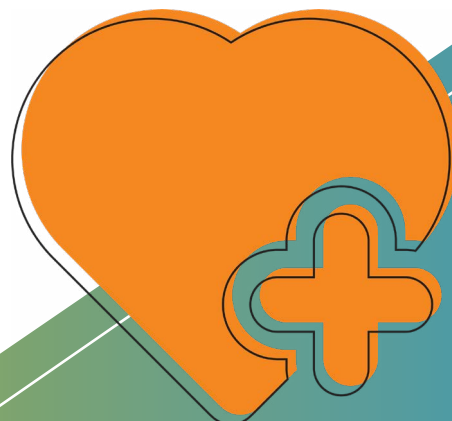
Prompt: What are your friends names?

Prompt: Do your friends know what has happened?

Prompt: Have any of your friends ever upset you?



Practitioner's comments



School

Have you been worried about going to school lately?
(please tick one).

Prompt: Do you feel safe and happy at school?

Prompt: What makes you feel worried at school?

Prompt: How long have you been feeling like this?



Who helps you at school when you are feeling sad?

Practitioner's comments

Confidence and Self-esteem

What are you good at?

Tell me something you are really good at doing! You can even draw it.

Criminal Justice System

(if applicable and you are aware of police involvement)

Are you worried about going to court? (Only ask if applicable)

Prompt: how did that make you feel?

Prompt: Do you know what will happen next with the police?

Prompt: What is it that is worrying you?

(Please tick one).



Practitioner's comments

Anything Else?

Is there something else you want to tell me?

You can say anything or even draw something if there's anything else on your mind.

Practitioner's comments

